

## CHARACTEROLOGY CHART

QUALITY	SCHIZOID	ORAL	MASOCHISTIC	PSYCHOPATHIC	RIGID
BODY TYPE	Tall, thin, disjointed, scoliosis, lack of coordination.	Sunken chest, thin, weak, sickly.	Heavy, dense, thick legs, wide body whether muscular or obese.	Inflated chest; thin legs and pelvis, large shoulders, breasts. Top heavy.	Perfect posture, normal to mesomorphic. Rigid spine and jaw. Pelvis tipped back.
MUSCLES	Elongated, weak at spine, wrists and ankles, right/left imbalances.	Flaccid, weak chest, tension in shoulder girdle, head and neck, weak chest.	Holding in with thighs, pelvic floor, throat, neck and face; muscles not for action, but for holding.	Top-half compacted, large breasts, bulky shoulders; lower half spastic, thin pelvis, hips and legs.	Many spastic muscles, stiff neck, determined jaw, holding back with pelvis.
WOUND	Terror	Deprivation	Humiliation	Betrayal	Rejection
ORIGINAL WOUND DEVELOPMENT STAGE	Before or after birth. Birth is classical. Can be conception to one month.	Babyhood feeding. 1-12 months.	18-30 months. When child begins to walk and talk, and express oneself.	Early childhood – very early/late. 3-6 years.	Puberty/genital stage. 7-12 years.
PERSONAL DECLARATIVE	I'm okay being of worth just because I exist.	I'm okay with getting my needs met.	I'm okay with asserting for my own freedom and saying "No".	I'm okay with trusting others.	I'm okay with being improper.
ACUPUNCTURE ALARM POINT	GB1, (CV4, GV20, BL23)	CV22	CV12	CV17	CV6
TRAUMATIC WOUNDING BY	Hostility or coldness.	Deprivation, abandonment.	Crushing over-control by a smothering mom; being humiliated and invaded with feeding and toilet training behaviors by mom; shamed.	Seduction and betrayal. Seduction followed by betrayal by opposite sex parent.	Seduction and rejection. Seduction followed by rejection by opposite sex parent.

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DEFENSE	Vacates physical body. – Splits, twists energy-consciousness; spends much time in mental realms. Dissociates. Daydreaming.	Sucks (drains) energy away from others.	1-Essence hidden and protected deep inside, not shown to others; Essence retreats deep inside a massive physical body designed to keep out invaders. 2-Poor boundaries with others, especially the psychopathic character type.	Pulls up and out. Under-charged legs and pelvis. Willful. World perceived as attacking. Aggressive. Must be right. Drive for power. Charges ahead. Afraid to connect heart with opposite sex.	To become more perfect. Controls self and emotions. High energy level with body balanced and healthy. Connects appropriately. Split between inward emotions and outer affect. High energy, intellect and will.
PRESENTING ISSUE	Existential terror	Nurturance	Perception is that they are controlled by other people or outside forces.	Betrayal	Authenticity
BEHAVIOR	Intellectualizing, spiritualizing, withdrawal. Spaced out.	Sucks (drains) your energy, needy, excessive talking, co-dependent.	Resentful, passive-aggressive, blaming, self-deprecating.	Controlling, manipulative, seductive.	Achieving, attracting, self-sufficiency.
HOLDING PATTERN	Hold together	Hold on	Hold in	Hold up	Hold back
NEGATIVE REACTION	Fear	Greed	Hatred	Lying	Pride
HEALING RESPONSE	Strengthen boundaries	Taking care of one's own needs	Assert for one's own freedom	Trust	Connect love and sexuality
SPEAKS WITH	Absolutes. Depersonalized.	Questions. Indirect.	Whining, disgust, polite, indirect manipulation.	Dictates ("You should"). Direct manipulation.	Seductive.
CIRCULATION	Cold hands and feet, especially at prospect of contact.	Cold chest, often cold hands and feet.	Cold buttocks.	Cold legs/pelvis.	Cold pelvis.

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EYES	Terror, glassy eyes, feeling of being elsewhere or disconnected.	“Vacuum cleaner” eyes – draws you in through eye contact.	Suffering eyes.	Eyes wary and tense, controlling.	Sad eyes.
EVOKES IN PRACTITIONER	Intellectualization	Mothering	Teasing	Submission	Competition
TELLS THE WORLD	“I’ll reject you before you reject me.”	“I don’t need you. I won’t ask.”	“I’ll hurt myself before you do.”	“I have to be right or I die.”	“Yes, but ...”
SHADOW BELIEVES	“You don’t exist either.”	“Take care of me.”	“I will spite and provoke you.”	“I will control you.”	“I won’t love you.”
ENERGY	Frozen at the core. Hyperactive and ungrounded.	Depleted. Most energy in the head. Hypo-active.	Boiling inside. Hypo-active externally.	Upper half of body. Hyperactivity followed by collapse.	On the periphery, near the surface of the body. Withheld from the core. High energy levels.
SELF-DENIAL PROCESS	“I have no right to exist.”	“I don’t need.”	“You can do with me as you please.”	“I don’t need support.”	“I can’t love.”
NET REMEDIES: – 1ST MOST COMMON	Water	Earth	Wood	Fire	Metal
– 2ND MOST COMMON	(Fire)	(Wood)	(Earth)	(Wood)	(Fire)